



MED 2010

Dr. Ray Christensen discusses the Rural Scholars Program with Duluth Campus students

A month of presentations culminated on February 12 as medical students, faculty and staff packed a lecture hall to hear Drs. Kathleen Watson and Linda Perkowski lead a discussion about the evolution of MED 2010 and its impact on the Duluth campus.

On February 7th, a reception was held in the Duluth atrium where MED 2010 posters were displayed, encouraging students, faculty and staff to ask group leaders about each of the initiatives. Posters depicted the goals and objective of various workgroups: Professionalism, Mentoring, Community and Global Health, Outcome Assessment and Program Evaluation, and the focused educational initiatives: the Rural Scholars Program, Learning Communities and Societies, and Learner E-Portfolios. The MED 2010 programs encouraged participants to comment on any aspect of medical education and discuss the changes would make it more effective.



53 Medical Students From the Duluth Campus Take Part In Preceptorships

Second year medical student, Sandra Sandstrom working with Dr. Rob Westin at Central Lakes Medical Center in Crosby, MN

53 second-year medical students were in the field at 39 clinics and hospitals across Minnesota and Western Wisconsin this week, taking part in a phase of their rural preceptorship program.

With its focus on developing rural primary care physicians, the Duluth Campus is known for being among the first in the country to launch a program where first and second year medical students get a closer look at what it's like to practice in smaller or more rural communities. Each student is paired with a family medicine practitioner or other primary care physician as role model/ preceptor. The preceptors illustrate, through their instruction and example, the delivery of medical care in rural communities and how that care integrates with medical services offered in urban settings. 58 rural physicians participated, many of them alumni of the University of Minnesota Medical School – Duluth Campus. Clinic and hospital locations were as far north as International Falls and south to Owatonna as well as in five communities in Wisconsin.



Red Was Spilling out of a Duluth Lecture Hall in February

No, it wasn't blood or Valentine's Day. It was the day that two student organizations, Women in Medicine and the campus chapter of the American Medical Student Association hosted Wear Red Day. Students and faculty were asked to wear red to class and work and hear Charlene Harkins, Ed.D., RD, LD, FADA speak about

what they can do to promote healthy eating in patients and themselves. The lecture was at lunch-time and a heart-healthy lunch was provided. [Wear Red Day](#) is a national event created by the American Heart Association (AHA). Americans nationwide are asked to wear red to show their support for women's heart disease awareness. "We are proud to be joining the AHA and concerned companies and organizations across America in the fight against the #1 killer of women - as well as of men. **Wear Red Day** is a chance for us to arm ourselves with knowledge about this devastating disease and to raise funds that will help the AHA advance its research and education efforts," said Mitzy Retzlaff, second year medical student and president of the campus medical student organization.



"Doctors On Call" Program Concludes Silver Season

Robert Chalgren, MD, Duluth Clinic – Hibbing , Richard Kanoff, DO, Duluth Clinic, Paul Sanford, MD, St. Luke's Internal Medicine Associates, and Ruth Westra, DO, MPH, host of "Doctors on Call" discussing health issues.

"Doctors on Call" a live, call-in television program produced by the Department of Family Medicine on the Duluth Campus ends its 25th season on February 22 with

a program about eye problems. The half-hour program appears weekly on Duluth's public television station, WDSE-TV, and is one of the station's top 3 programs in viewer ship. 16,000 – 18,000 viewers watch each show – competing with the hot prime time Thursday lineup of Grey's Anatomy and other major network programs. Duluth medical students sit at phone banks and screen live incoming calls. Depending on the topic, each show receives 30 to 40 calls and some of those calls start coming in before the show starts! Beginning in October, each program is hosted by Ray Christensen MD or Ruth Westra DO from the Duluth Campus. Northland physicians or experts from the Medical School who specialize in topic areas of interest to the general public are asked to discuss and answer questions about topics such as arthritis, allergies, skin problems, obesity and cancer. 18 shows are broadcast from October through February. Linda Liskiewicz from the Duluth campus produces the program with WDSE-TV and organizes the topic and expert selection. "Doctors on Call" originated 25 years ago through the suggestion of the Medical School's new Dean at the time, Paul Royce, MD.