

***GIVING YOURSELF FEEDBACK  
SELF-ASSESSMENT, PART III***

**Name** \_\_\_\_\_

**Year** \_\_\_\_\_

ON THIS ROTATION, I'M MOST PROUD OF:

\_\_\_\_\_  
\_\_\_\_\_

I MET THE FOLLOWING PERSONAL OBJECTIVES:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

BUT, I FELT SHORT ON THE FOLLOWING:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

IT MIGHT HAVE HELPED ME MORE IF YOU/ THE TEAM/ MY SUPERVISING  
RESIDENT/ THE ROTATION/ ETC HAD:

\_\_\_\_\_  
\_\_\_\_\_

GOING FORWARD, I'LL TAKE FROM THIS ROTATION:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## **TAKING YOUR OWN PULSE**

*Makes me shake  
and sweat*

*Is a walk in the  
park for me*

HOLDING AN INFANT	1 2 3 4 5 6 7 8 9 10
CALMING DOWN A TODDLER	1 2 3 4 5 6 7 8 9 10
EXPLAINING THINGS TO A SCHOOL KID	1 2 3 4 5 6 7 8 9 10
RELATING TO A TEEN	1 2 3 4 5 6 7 8 9 10
GETTING A HX, ROS, PMH, ETC	1 2 3 4 5 6 7 8 9 10
DOING AN EXAM	1 2 3 4 5 6 7 8 9 10
SEEING THE BIG PICTURE	1 2 3 4 5 6 7 8 9 10
FORMULATING AN ASSESSMENT	1 2 3 4 5 6 7 8 9 10
OUTLINING A PLAN OF CARE	1 2 3 4 5 6 7 8 9 10
PRESENTING A PATIENT:	
TO A FRIEND	1 2 3 4 5 6 7 8 9 10
TO MY TEAM	1 2 3 4 5 6 7 8 9 10
TO AN ATTENDING	1 2 3 4 5 6 7 8 9 10
RELATING TO A FAMILY	1 2 3 4 5 6 7 8 9 10
TEAMING UP WITH A NURSE	1 2 3 4 5 6 7 8 9 10
CONTACTING A CONSULTANT	1 2 3 4 5 6 7 8 9 10
VOICING MY OPINION	1 2 3 4 5 6 7 8 9 10
EXPRESSING DISAGREEMENT	1 2 3 4 5 6 7 8 9 10
LOOKING LIKE AN IDIOT	1 2 3 4 5 6 7 8 9 10
THE THOUGHT OF BEING IN CHARGE	1 2 3 4 5 6 7 8 9 10
RECEIVING FEEDBACK	1 2 3 4 5 6 7 8 9 10