

University of Minnesota
CONTINUING MEDICAL EDUCATION

**BORDERLINE
PERSONALITY DISORDER**
Research Across the Lifespan and
Clinical Applications for Treatment



OCTOBER 18-19, 2008
EMBASSY SUITES HOTEL – BLOOMINGTON
2800 AMERICAN BLVD WEST
BLOOMINGTON, MN

Presented by
National Education Alliance for Borderline Personality Disorder
and
Department of Psychiatry



UNIVERSITY OF MINNESOTA

Medical School

This conference is specifically designed to offer those persons whose lives are impacted by Borderline Personality Disorder (BPD), professionals, relatives, and consumers, a forum to better understand this complex disorder from various perspectives. An internationally recognized faculty will present up-to-date information on key issues pertaining to many aspects of the disorder. We will cover diagnosis and treatments across the life span, co-occurring disorders and medical issues, personal and social impact, new research, self-injury and suicide, longitudinal perspectives and current research, medications, and consumer/family perspectives.

STATEMENT OF NEED

Borderline Personality Disorder (BPD) is a serious mental illness characterized by pervasive instability in moods, interpersonal relationships, self-image, and behavior. This instability often disrupts family and work life, long-term planning, and the individual's sense of self-identity. While less known than schizophrenia or bipolar disorder (manic-depressive illness), BPD is more common, affecting 5.9% of adults. This conference is intended to bring the latest in education to both clinicians and family members.

AUDIENCE

This conference would be ideal for psychiatrists, psychologists, nurses, social workers and family members whose lives are impacted by Borderline Personality Disorder.

EDUCATIONAL OBJECTIVES

Following this conference, participants should be able to:

- Identify age-associated variations in BPD
- Distinguish between developmental issues and BPD
- Outline skills potentially effective to modify maladaptive adolescent behavior
- Delineate high-risk factors for suicidal behavior and implement a high-risk assessment
- Specify pharmacological treatments for all age ranges and their risk/benefit ratios
- Interpret the interpersonal difficulties of patients in the context of attachment issues
- Identify family skills based on the principles of DBT

ACCREDITATION

American Medical Association / PRA

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Minnesota and the National Education Alliance for Borderline Personality Disorder. The University of Minnesota is accredited by the ACCME to provide continuing medical education for physicians.

The University of Minnesota designates this educational activity for a maximum of *11.5 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurse Practitioners, Nurses, and Other Health Care Professionals

Nurse practitioners, nurses, and other health care professionals who participate in this CME activity may submit their Statements of Attendance to their appropriate accrediting organizations or state boards for consideration of credit. The participant is responsible for determining whether this activity meets the requirements for acceptable continuing education.

American Academy of Physician Assistants

AAPA accepts AMA Category 1 CME credit for the PRA from organizations accredited by ACCME.

Minnesota Board of Social Work

This activity has been approved by the State of Minnesota Board of Social Work for 11.5 continuing education hours.

Minnesota Board of Psychology

This activity has been approved by the Minnesota Board of Psychology (Board Log #0810-8150) for 10/18-6.50, 10/19-5.0; total 11.5 continuing education hours.

DISCLOSURE POLICY

It is the policy of the University of Minnesota Office Of Continuing Medical Education to ensure balance, independence, objectivity and scientific rigor in all of its sponsored educational activities. All participating faculty, course directors, and planning committee members are required to disclose to the program audience any financial relationships related to the subject matter of this program. It is not necessary to disclose relationships with non-profit or government organizations or proprietary entities that do not produce health care goods or services. Relationships of spouse/partner with proprietary entities producing health care goods or services should be disclosed if they are of a nature that may influence the objectivity of the individual in a position to control the content of the CME activity. Disclosure information is reviewed in advance in order to manage and resolve any possible conflicts of interest. Specific disclosure information for each course faculty will be shared with the audience prior to the faculty's presentation.

SUPPORT

At the time of printing, this conference is supported in part by an unrestricted NIMH educational grant: 1R13MH081768-01 Translating Research into Practice. All participating organizations will be acknowledged in the final program.

CONFERENCE LOCATION AND OVERNIGHT ACCOMMODATIONS

Embassy Suites Hotel - Bloomington
2800 American Boulevard West
Bloomington, MN 55431
Phone: 952-884-4811
Web site: embassybloomington.com

Rate: \$149.00

Cut-off Date: September 26, 2008

A block of sleeping rooms is available at the discounted rate of \$149.00 plus the current 13.65% tax. Please make your reservations directly with the hotel by the cut-off date and refer to the course by name to receive the discounted rate. Reservations will be accepted on space and rate availability.

REGISTRATION FEES AND EARLY REGISTRATION DISCOUNT

Register by **September 1, 2008** to take advantage of our Early Registration Discount! See the registration form in this brochure for more information. The fees listed on the registration form include conference materials, continental breakfasts and refreshment breaks.

A letter of confirmation, driving directions and parking information will be e-mailed to you once we receive your completed registration form.

EMBASSY SUITES HOTEL – BLOOMINGTON



CANCELLATION POLICY

In the event you need to cancel your registration, the registration fee, less a \$50 administrative fee, will be refunded if you notify us by 4:30 p.m. Central Time on **October 3, 2008**. No refunds will be made after this date.

TO REGISTER

You may choose ONE of the following methods to register for this conference:

ONLINE: Go to

www.cmecourses.umn.edu

CALL: (612) 626-7600 or

(800) 776-8636

FAX: (612) 626-7766

MAIL: BPD Course, Office of
Continuing Medical Education,
University of Minnesota,
University Park Plaza, Suite 601,
2829 University Avenue SE,
Minneapolis, MN 55414

If you have any questions, please contact our office at the number above, or e-mail us at cme@umn.edu.

WEB SITES

www.cme.umn.edu

Visit the University of Minnesota CME Web site to access conference brochures, view our complete course calendar, or register online. Check back often; we regularly update our course information.

www.psychiatry.umn.edu

For more information about the University of Minnesota Department of Psychiatry.

www.borderlinepersonalitydisorder.com

For more information about the National Education Alliance for Borderline Personality Disorder.



The National Education Alliance for Borderline Personality Disorder (NEA-BPD) is a non-profit 501 c (3) organization whose mission is to: raise public awareness, provide education, promote research on borderline personality disorder, and enhance the quality of life of those affected by this serious mental illness. Towards this mission, NEA-BPD works to advance the BPD agenda by supporting programs and initiatives that:

- Lead family education programs
- Host annual conferences
- Sponsor regional meetings
- Establish family centers
- Conduct family research
- Publish education materials
- Produce information video tapes

PRELIMINARY AGENDA

Curriculum and faculty are subject to change.

SATURDAY, OCTOBER 18, 2008

- 7:30 AM Registration and Continental Breakfast**
- 7:50 AM Welcome and Opening Remarks.....Nicki R. Crick, PhD
Perry D. Hoffman, PhD
- 8:00 AM Mental Illness Knows No Age.....NAMI
- 8:30 AM Overview: International Perspectives.....Mary C. Zanarini, EdD
Anthony Bateman, MD
- 9:30 AM Red Flags in Childhood: Early Markers for BPD....Nicki R. Crick, PhD
- 10:30 AM Refreshment Break and Exhibits**
- 10:45 AM Adolescence or BPD: How to Tell the Difference...Alec L. Miller, PsyD
- 11:45 AM **Lunch on own**
- 12:45 PM Interpersonal Relationships:
Where Does Attachment Fit In.....Anthony W. Bateman, MD
- 1:45 PM Suicidal Behavior and Self Injury:
Applications of Research to Clinical Practice.....Barbara Stanley, PhD
- 2:45 PM What to Medicate and When:
the Role of Medication Across the Ages.....Kenneth R. Silk, MD
- 3:45 PM Adjournment**

SUNDAY, OCTOBER 19, 2008

- 7:30 AM Registration and Continental Breakfast**
- 7:45 AM Families and Borderline Personality Disorder....Alan E. Fruzzetti, PhD
Perry D. Hoffman, PhD
Richelle Moen-Moore, PhD
- 9:00 AM Young Investigator Award Presentation
Introduced by Alan E. Fruzzetti, PhD
- 9:30 AM Following Symptoms and Their Developmental
Course Over Two Decades: Where Does It Go?.....Patricia Cohen, PhD
- 10:30 AM Refreshment Break and Exhibits**
- 10:45 AM Ten-year Course: Longitudinal Study.....Mary Zanarini, EdD
- 11:45 AM Interpersonal Hypersensitivity:
Origins and Implications.....John G. Gunderson, MD
- 1:00 PM Closing Remarks and Adjournment**

COURSE FACULTY

ANTHONY W. BATEMAN, MA, MD, FRCPsych
Consultant Psychiatrist in Psychotherapy, Halliwick Unit, St. Ann's Hospital, London; Visiting Professor, University College, London, England; Visiting Consultant, Menninger Clinic, Baylor College of Medicine, Houston, TX

PATRICIA COHEN, PhD
Professor of Clinical Public Health (Epidemiology) in Psychiatry, Columbia University; Principal Research Scientist, Department of Epidemiology of Mental Disorders, New York State Psychiatric Institute, New York, NY

NICKI R. CRICK, PhD
Professor of Clinical Psychology; Director of the Institute of Child Development; Director of the Center on Relational Aggression, University of Minnesota, Minneapolis, MN; Co-Course Director

ALAN E. FRUZZETTI, PhD
Associate Professor Psychology; Director, Dialectical Behavior Therapy and Research Program, University of Nevada, Reno, Nevada; Director of Research, National Education Alliance for Borderline Personality Disorder, Rye, NY

JOHN G. GUNDERSON, MD
Professor of Psychiatry, Harvard Medical School; Director, Center for Treatment and Research on Borderline Personality Disorder, McLean Hospital, Belmont, MA

PERRY D. HOFFMAN, PhD
President, National Education Alliance for Borderline Personality Disorder, Rye, NY; Co-Course Director

ALEC L. MILLER, PsyD
Associate Professor of Psychiatry and Behavioral Sciences; Chief, Child and Adolescent Psychology, Montefiore Medical Center, Albert Einstein College of Medicine of Yeshiva University, Bronx, NY

RICHELLE MOEN-MOORE, PhD
Assistant Professor, Department of Psychiatry, University of Minnesota Medical School, Minneapolis, MN; Co-Course Director

KENNETH R. SILK, MD
Professor, Department of Psychiatry, University of Michigan Medical School; Director, Personality Disorders Program, Ann Arbor, MI; Science Editor, BPD Forum, National Education Alliance for Borderline Personality Disorder, Rye, NY

BARBARA H. STANLEY, PhD
Research Scientist, Professor, Department of Psychiatry, Columbia University College of Physicians & Surgeons; Research Scientist and Director, Suicide Intervention Center, New York State Psychiatric Institute, New York, NY

MARY C. ZANARINI, EdD
Professor of Psychology, Harvard Medical School; Director, Laboratory for the Study of Adult Development, McLean Hospital, Belmont, MA

PLANNING COMMITTEE

PERRY D. HOFFMAN, PhD
President, National Education Alliance for Borderline Personality Disorder, Rye, NY

S. CHARLES SCHULZ, MD
Professor and Head, Department of Psychiatry, University of Minnesota Medical School, Minneapolis, MN

PATRICIA WOODWARD, MAT
Secretary/Treasurer, National Education Alliance for Borderline Personality Disorder, Rye, NY

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Disability/Dietary accommodations will be provided upon request. Dietary restrictions should be indicated in advance; requests cannot always be honored on site. This publication/material can be made available in alternative formats upon request. Direct requests to the Office of Continuing Medical Education at 612-626-7600 or toll-free at 800-776-8636.

REGISTRATION FORM
BORDERLINE PERSONALITY DISORDER:
RESEARCH ACROSS THE LIFESPAN AND ITS CLINICAL
APPLICATIONS FOR TREATMENT

Please Type or Print Clearly – a name badge and statement of attendance is generated from this form.

Name _____

Affiliation _____

Department _____

HOME OFFICE

Address _____

_____ Mail Stop _____

City _____ State _____ Zip _____

Office Telephone Number _____ FAX _____

E-mail _____

Receipts and driving directions are now emailed from our office.

Please include your email address and print clearly.

DEGREE MD DO PhD
 PA NP RN Other _____

SPECIALTY Psychology _____
 Psychiatry _____
 Social Work _____
 Other _____

REGISTRATION FEES

	<u>On or Before</u> <u>September 1</u>	<u>After</u> <u>September 1</u>
<input type="checkbox"/> Physician	\$275	\$325
<input type="checkbox"/> Non-Physician / Psychologist SW, NP, RN, PA	\$185	\$250
<input type="checkbox"/> Resident / Fellow	\$ 75	\$100
<input type="checkbox"/> Family Members of BPD Patients	\$125	\$150

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<input type="checkbox"/> Adjunct Faculty	\$200	\$250
<input type="checkbox"/> Non-Physician / Psychologist SW, NP, RN, PA	\$125	\$175
<input type="checkbox"/> Full Time Faculty	Fee Waived	Fee Waived
<input type="checkbox"/> Resident / Fellow	Fee Waived	Fee Waived

Special Needs _____

Special needs such as dietary restrictions should be indicated in advance; requests cannot always be honored on site.

PAYMENT METHOD

Check (payable to University of Minnesota)
 VISA MasterCard American Express

Cardholder Name _____

Card Number _____

Expiration Date _____

Signature _____