

# **Clinical Performance Instrument (CPI)**

**Student Name:**

**Date of Clinical Experience:**

**Name of Academic Institution: University of Minnesota**

**Name of Clinical Site:**

**Clinical Instructors Name:**

**For full instructions in CPI use, sample behaviors, and glossary of terms see the complete paper version of the Clinical Performance Instrument.**

## **1. Practices in a safe manner that minimizes risk to patient, self, and others.**

- 1. Observes health and safety regulations*
- 2. Maintains safe working environment*
- 3. Recognizes physiological and psychological changes in patients and adjusts treatments accordingly*
- 4. Demonstrates awareness of contraindications and precautions of treatment*
- 5. Requests assistance accordingly*
- 6. Uses acceptable techniques for safe handling of patients*
- 7. Protects welfare of self, patient, and others in emergency situations*

**Midterm Score: /100**

**Midterm Comments:**

**Final Score: /100**

**Final Comments:**

## **2. Presents self in a professional manner.**

1. *Accepts responsibility for own actions*
2. *Is punctual and dependable*
3. *Completes scheduled assignments in a timely manner*
4. *Wears attire consistent with expectations in practice setting*
5. *Demonstrates initiative*
6. *Abides by the policies and procedures of the practice setting*
7. *Adapts to change*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

## **3. Demonstrates professional behavior during interactions with others.**

1. *Maintains protective working relationships with patients, families, etc.*
2. *Treats others with positive regard, dignity, respect, compassion*
3. *Demonstrates behaviors that contribute to a positive working environment*
4. *Accepts criticism without defensiveness*
5. *Manages conflict in constructive manner*
6. *Makes choices after considering the consequences to self and others*
7. *Assumes responsibility for choices made in situations presenting legal or ethical dilemmas.*
8. *Maintains patient privacy and modesty*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

## **4. Adheres to ethical practice standards.**

1. *Abides by relevant ethical codes and standards*
2. *Adheres to institutional policy and procedures*
3. *Identifies situations in which ethical questions are present*
4. *Reports violations of ethical practice*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

## 5. Adheres to legal practice standards.

1. *Abides by state and federal laws and regulations, including licensure laws*
2. *Identifies situations in which legal questions are present*
3. *Reports violations of laws governing practice of physical therapy*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

## 6. Communicates in ways that are congruent with situational needs.

1. *Communicates verbally and nonverbally in a professional manner*
2. *Initiates communication in difficult situations*
3. *Selects the most appropriate person(s) with whom to communicate*
4. *Listens actively and attentively*
5. *Demonstrates professionally and technically correct verbal communications*
6. *Communicates using nonverbal messages that are consistent with intended message*
7. *Interprets and responds to the nonverbal communications of others*
8. *Evaluates effectiveness of own communications and modifies accordingly.*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

## 7. Produces documentation to support delivery of physical therapy services.

1. *Selects relevant information to document the delivery of physical therapy services*
2. *Documents all aspects of care: screening, examination, evaluation, plan of care, treatment, response to treatment, dc planning, family conferences, and communication with others involved in patient care*
3. *Documentation follows guidelines and format of the practice setting*
4. *Documentation is consistent with regulation agencies and third-party payers*
5. *Produces documentation that is accurate, concise, timely, no acute distress legible*
6. *Demonstrates professionally and technically correct documentation skills*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**8. Adapts delivery` of physical therapy care to reflect respect for and sensitivity to individual differences.**

1. *Exhibits sensitivity to differences in race, creed, color, gender, age, national or ethnic origin, sexual orientation, and disability or health status in:*
  - o *Communicating with others*
  - o *Developing plan of care*
  - o *Implementing plan of care*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**9. Applies the principles of logic & the scientific method to the practice of physical therapy.**

1. *Presents cogent and concise support for clinical decisions*
2. *Makes clinical decisions within the context of ethical practice and informed consent*
3. *Uses information from multiple data sources in decision making*
4. *Seeks disconfirming evidence in the process of decision making*
5. *Critically evaluates published research articles relevant to physical therapy and applies to clinical practice*
6. *Participates in clinical research*
7. *Describes sources of error in the collection of clinical data*
8. *Demonstrates an ability to make clinical decisions in ambiguous situations*
9. *Distinguishes practices based on traditional beliefs from practices that are scientifically based*
10. *Uses appropriate outcome measures in the delivery and assessment of patient care*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**10. Screens patients using procedures to determine the effectiveness of and need for physical therapy services.**

- 1. Identifies critical signs and symptoms that signal appropriateness for physical therapy examination*
- 2. Selects appropriate screening procedures*
- 3. Conducts screening*
- 4. Interprets screening findings*
- 5. Based on screening, determines appropriateness for physical therapy or referral to other providers*
- 6. Performs physical therapy screening in a technically competent manner*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**11. Performs a physical therapy patient examination.**

- 1. Selects reliable and valid physical therapy examination methods relevant to the chief complaint, results of screening, and history of the patient*
- 2. Obtains accurate information by performing the selected examination methods*
- 3. Adjusts examination according to patient response*
- 4. Performs examination minimizing risk to patient, self, and others*
- 5. Performs physical therapy examination procedures in a technically competent manner*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**12. Evaluates clinical findings to determine physical therapy diagnoses and outcomes of care.**

1. *Synthesizes examination data to complete the physical therapy evaluation*
2. *Interprets clinical findings to establish a diagnosis within the practitioner's knowledge base*
3. *Identifies competing diagnoses which must be ruled out to establish a diagnosis*
4. *Explains the influence of pathological, pathophysiological, and pharmacological processes on the patient's movement system*
5. *Identifies other medical, social, or psychological problems influencing physical therapy and not identified through diagnosis of a patient's problem*
6. *Uses clinical findings and diagnosis to establish a prognosis within the practitioner's knowledge base*
7. *Performs regular re-examinations of patient status*
8. *Performs regular evaluations of the effectiveness of patient treatment*
9. *Evaluates changes in patient status*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**13. Designs a physical therapy plan of care that integrates goals, treatment, outcomes, and discharge plan.**

1. *Establishes goals and functional outcomes that specify expected time duration*
2. *Establishes a PT plan of care in collaboration with the patient, family, caregiver, and others involved in the delivery of health care services*
3. *Establishes a plan of care consistent with the exam and evaluation*
4. *Establishes a plan of care minimizing risk to patient and those involved with delivery of patient's care*
5. *Establishes a plan of care designed to produce the maximum patient outcome(s) utilizing available resources*
6. *Adjusts the plan of care in response to changes in patient status*
7. *Selects intervention strategies to achieve the desired outcomes*
8. *Establishes a plan for patient discharge in a timely manner.*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**14. Performs physical therapy interventions in a competent manner.**

- 1. Performs effective, efficient, fluid, and coordinated movement in providing technically competent interventions for patients*
- 2. Performs interventions consistent with the plan of care*
- 3. Provides interventions in a manner minimizing risk to self, patient, and others involved in the delivery of patient's care*
- 4. Uses intervention time efficiently and effectively*
- 5. Adapts interventions to meet the individual needs and responses of the patient*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**15. Educates others (patients, family, caregivers, staff, students, other health care providers) using relevant and effective teaching methods.**

- 1. Identifies and establishes priorities for educational needs in collaboration with the learner*
- 2. Designs educational activities to address identified needs*
- 3. Conducts educational activities using a variety of instructional strategies as needed*
- 4. Evaluates effectiveness of educational activities*
- 5. Modifies educational activities considering learner's needs, characteristics, and capabilities*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**16. Participates in activities addressing quality of service delivery.**

- 1. *Seeks information regarding quality of care rendered by self and others under their supervision*
- 2. *Provides recommendations for developing or modifying guidelines based on outcome measures, effectiveness studies, and clinical observation*
- 3. *Follows established guidelines for the delivery of physical therapy services*
- 4. *Participates in quality assurances, peer review, utilization review, etc.*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**17. Provides consultation to individuals, businesses, schools, government agencies or other organizations.**

- 1. *Determines need for consultation services*
- 2. *Recommends consultation services*
- 3. *Uses knowledge and expertise to help others solve physical therapy-related problems*
- 4. *Provides consultation services such as ergonomic evaluations, school system assessments, and corporate environmental assessments.*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**18. Addresses patient needs for services other than physical therapy as needed.**

- 1. *Determines needs of and available resources for patients*
- 2. *Recommends referrals based on expertise and effectiveness of providers*
- 3. *Advocates for appropriate patient services and resources*
- 4. *Assists patient in accessing resources*
- 5. *Coordinates services of other health care providers*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**19. Manages resources (eg, time, space, equipment) to achieve goals of the practice setting.**

1. *Sets priorities for the use of resources to maximize outcomes*
2. *Functions within the organizational structure of the practice setting*
3. *Uses time effectively*
4. *Coordinates physical therapy with other services to facilitate efficient and effective patient care*
5. *Schedules patients, equipment, and space*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**20. Incorporates an understanding of economic factors in the delivery of physical therapy services.**

1. *Adapts physical therapy services to the economic factors of the health care environment*
2. *Submits accurate patient charges on time*
3. *Acts in a fiscally responsible manner*
4. *Provides recommendations for equipment and supply needs*
5. *Adheres to reimbursement guidelines established by payers*
6. *Negotiates with reimbursement entities for changes in individual patient services*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**21. Use support personnel according to legal standards and ethical guidelines.**

1. *Determines physical therapy-related tasks that can be legally and ethically delegated.*
2. *Delegates physical therapy related tasks to facilitate effective and efficient patient care*
3. *Informs the patient of the decision to delegate the physical therapy related care and the rationale for delegating*
4. *Delegates physical therapy related tasks to the appropriate support personnel*
5. *Demonstrates respect for the contributions of support personnel*
6. *Monitors the care delivered by support personnel*
7. *Provides feedback to support personnel*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**22. Demonstrates that a physical therapist has professional/social responsibilities beyond those defined by work expectations and job description.**

1. *Determines a willingness to alter schedule to accommodate patient needs and facility requirements*
2. *Participates in special events organized in the practice setting related to patients and the delivery of care*
3. *Participates in professional organizations and service groups*
4. *Promotes the profession of physical therapy*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**23. Implements a self-directed plan for professional development and lifelong learning.**

1. *Demonstrates awareness of own strengths and limitations*
2. *Seeks guidance as necessary to address limitations*
3. *Modifies behavior based on self-evaluation and constructive feedback*
4. *Establishes realistic goals in a plan for professional development*
5. *Participates in opportunities for professional growth*
6. *Participates in learning experiences within the practice setting*
7. *Discusses progress of professional growth*
8. *Seeks opportunities to learn*
9. *Accepts responsibility for continuous professional learning*
10. *Demonstrates knowledge of current professional issues and practice*
11. *Periodically assesses own professional development*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

**24. Addresses primary and secondary prevention, wellness & health promotion needs of individuals, groups, and communities.**

1. *Educates patients or other individuals, groups, or communities on health promotion, prevention and wellness by providing information on impairment, disease, disability, and health risks related to age, gender, culture, and lifestyle*
2. *Incorporates the concept of self-responsibility in wellness and health promotion*
3. *Proposes procedures for monitoring effects of health promotion, prevention, or well ness programs*
4. *Describes potential health problems addressed by physical therapy in individuals, groups, and communities*
5. *Performs screening programs appropriate to physical therapy*

**Midterm Score:** /100

**Midterm Comments:**

**Final Score:** /100

**Final Comments:**

## **SUMMATIVE COMMENTS**

**Midterm Areas of Strength:**

**Final Areas of Strength:**

**Midterm Areas Needing Improvement:**

**Final Areas Needing Improvement:**

**Midterm Other Comments:**

**Final Other Comments:**

