FIRST YEAR STUDENTS,

The Department of Family Medicine and Community Health Duluth welcomes you to participate in the following elective courses. All of the courses offer you a dynamic experience.

- Students may **not** enroll in both the RAL Course AND the OB Course
- Students may **be enrolled in the RAL Course or the OB Course AND the MEDS Course**

**OB LONGITUDINAL COURSE (FMed 6987)**

The OB Longitudinal course offers medical students the wonderful opportunity of following a pregnant mother and her family through prenatal visits, labor & delivery, postpartum and newborn care with her family physician or OB specialist. Small group discussions are required covering prenatal & postpartum care, labor & delivery, and newborn care. The time commitment is approximately 20 hrs. Course begins in October.

**Objectives:**
1. Develop a longitudinal relationship with an obstetrical patient and her physician.
2. Further their examination and exploration of obstetrical care through the longitudinal relationship between learner and patient/physician.
3. Begin to extrapolate knowledge in obstetrical terminology and obstetrical care, through the didactic sessions.
4. Demonstrate the ability to take a medical history, perform a physical examination, and construct correct medical documentation in relation to prenatal care.
5. Practice labor and delivery skills with obstetrical simulation.

* Enrollment limited to 14 first year medical students.

**RURAL ACADEMY OF LEADERSHIP COURSE (FMed 6997)**

The Rural Academy of Leadership course offers students the opportunity to enhance their leadership skills for their future role as active community members and rural family physicians through leadership training activities and mentor partnerships with community leaders and Department of Family Medicine and Community Health Duluth faculty.

**Objective:** To encourage rural physician leadership through longitudinal community service projects with community and faculty mentors, didactic leadership sessions and clinical care of the underserved by volunteering at the HOPE Clinic. In order to volunteer at the HOPE Clinic, you must be enrolled in the Rural Academy of Leadership Course. The time commitment for this course is approximately 40 hours over both 1st & 2nd years. Course begins in September.

* Enrollment limited to 30 first year medical students.

**MEDICAL EDUCATION THROUGH DIVERSITY AND SERVICE (MEDS) (FMed 6957)**

MEDS is a Global and Population Health elective for medical and pharmacy students. The course includes small and large group activities where students explore key topics in Global and Population Health such as: Health Risks, Determinants of Health, Refugee Health, Environment & Health, Barriers to Health & Healthcare, Medical Interpreters, Cultural, Political & Economic Influences on Health, and Ethics of International Health Experiences. Students have the opportunity to identify and participate in international health experiences in the summer following participation in the course, but are not required to travel. Second year students will present their MEDS activities in October.

**Objective:** Students will gain knowledge of global health principles, optionally participate in an international health experience, and apply what they learn in this course to patient and population care in their future practices.

For more information: https://www.facebook.com/DuluthMEDS

* Students **can be enrolled in the MEDS course along with other elective.**
* Enrollment limited to 30 first year medical students.