Policy Statement
Students are limited to 80 hours per week averaged over the period of a rotation and a limit of 24 consecutive.

Reason for Policy
Standards governing duty hours limits are necessary to protect the safety of both patients and medical students.

Procedures

• Medical students will follow the work schedules and duty hours for senior (PGY2 residents and above)

• Minimum 8 hours of rest between work periods (when not on call)

• Call frequency cannot be greater than every 4th night over the period of a rotation (i.e., cannot be on call every 2nd or 3rd night).

• One day off every 7 days averaged over 28 days (ideally, full 24 hours per week). Note: Official University holiday days off do count as a day off under this policy. Example: Student has Memorial Day off as a University holiday, so student may be required to work the other 6 days in that week.

• 80 hour work week
  o Any non-medical school activities for which a student receives compensation is counted toward the 80 per week limit

• 24 hours consecutive on call time limit
  o No new patients after 24 hours will be assigned.
  o Additional 4 hours allowed for patient care responsibilities and educational opportunities (i.e. lecture, skills lab)

• On some rotations, students may be required to participate in night float schedules in order to maximize exposure to patients and educational opportunities

Approved by Education Council April, 2011