DATE: August 2, 2018
TO: First Year Medical Students
RE: Medical Equipment and Textbook

It is a requirement for the Introduction to Rural Family Medicine and Native American Health Care course and for the subsequent courses with clinical experiences that you are professional and are prepared with the tools of the profession of medicine including; medical equipment and Bates’ Guide to Physical Examination and History Taking. The Department of Family Medicine and Biobehavioral Health will coordinate many clinical experiences for you throughout your first two years at the University of Minnesota Medical School Duluth campus.

The clinical experiences will begin with the development of your physical exam skills during the Introduction Course. In addition, you will have numerous opportunities to practice your skills and use your equipment in the Family Medicine Preceptorship, Rural Medical Scholars Program, physical diagnostic sessions, and Community Clinical Medicine course.

Because there are many options, the department faculty have created a list of equipment. If you do not already own the items listed below, we expect you to purchase these items during the first two weeks of medical school. This will ensure that your otoscope/ophthalmoscope equipment will be charged and ready for the first physical exam skills session scheduled for the week of September 10th, 2018.

Required Equipment and Textbook:

1) 97200-MC Welch Allyn Macroview Set: The set includes an Otoscope and Ophthalmoscope Heads with Handle/Rechargeable Lithium Battery with conversion piece to use with C Batteries and Case. To purchase, go to the first floor UMD Bookstore and they will be located in the computer area of the store.
2) Blood Pressure (BP) Cuff, Adult size
3) Reflex Hammer
4) Tuning Fork (128 Hz)
5) Otoscope specula in 10 packs (2 sizes) (For use with the otoscope)
6) Stethoscope: During your White Coat Ceremony you will receive a Littman 3M Stethoscope from University Minnesota Physicians and University of Minnesota Health.

You may choose to purchase other brands at your discretion, but the above are faculty recommendations. The otoscope, ophthalmoscope, BP cuff, tuning fork and reflex hammer are available at the UMD Bookstore. We wish you great success in your clinical experiences and medical career and want to lay a strong foundation during your initial Physical Exam Skills sessions. If you have any questions, please contact Emily Onello, MD at econello@d.umn.edu.