DATE: June 20, 2017
TO: First Year Medical Students
FROM: Ruth Westra DO, MPH, Chair, Department of Family Medicine and Community Health Duluth
RE: Medical Equipment and Textbook

It is a requirement for the Introduction to Rural Family Medicine and Native American Health Care and for the subsequent courses with clinical experiences that you are professional and are prepared with the tools of the profession of medicine including; Medical Equipment and Bates’ Guide to Physical Examination and History Taking. The Department of Family Medicine and Community Health Duluth will coordinate many clinical experiences for you throughout your first two years at the University of Minnesota Medical School, Duluth campus. The clinical experiences will begin with the development of your physical exam skills during the Introduction Course. In addition, you will have numerous opportunities to practice your skills and use your equipment in the Family Medicine Preceptorship, Rural Medical Scholars Program, physical diagnostic sessions, and Community Clinical Medicine. Because there are many options, the department, faculty have created a list of equipment with approximate costs. We expect you to purchase and have your equipment charged and ready for the first physical exam skills session scheduled for Tuesday, October 10, 2017.

Required Equipment and Textbook:

1. **97200-MC Welch Allyn Macroview Set**: The set includes an Otoscope and Ophthalmoscope Heads with Handle/Rechargeable Lithium Battery with conversion piece to use with C Batteries and Case. The cost from McKesson Company is $419.10 plus an automatic $2.00 fuel service fee.
   To order from McKesson Company, please see Tony Rico on Tuesday, August 15, 2017 from 10 am – 3 pm in room 146 on the Duluth campus. You will be able to sign up for a time to order using the sheet on the Room 146 door on Monday. When you meet with Tony, you will need your credit card information.
   If you are not able to meet in person, we will have additional contact information. All orders will be shipped to the Department of Family Medicine and Community Health Duluth at one time in one box for delivery for the Welch Allyn Macroview Set.

2. **BP Cuff (Adult)** $25.99
3. **Reflex Hammer** $3.19
4. **Tuning Fork (128)** $8.99
5. **Otoscope specula in 10 packs (2 sizes) (For the otoscope)** $0.89
6. **Stethoscope**: During your White Coat Ceremony on Saturday, August 19, 2017 you will receive a Littman 3M Stethoscope from University Minnesota Physicians and University of Minnesota Health.

You may choose to purchase other brands at your discretion, but the above are faculty recommendations. The BP Cuff, tuning fork and reflex hammer are available at the UMD Bookstore.

We wish you great success in your clinical experiences and medical career and want to lay a strong foundation during your initial Physical Exam Skills sessions. If you have any questions, please contact me at rwestra@d.umn.edu (726-8393) or stop by my office, Room 143.